

MERCERVILLE CENTER #56047 (HSG)

Week-At-A-Glance

hcsq1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<i>Scrambled Eggs 1/4 Cup Blueberry Muffin 1 Ea</i>	<i>French Toast 2 Sl Sausage Patty 1 Ea</i>	<i>Scrambled Eggs w/Cheese 1/4 Cup Biscuit 1 Ea</i>	<i>Egg & Hashbrown Bake 1 Square Toast 1 Sl</i>	<i>Buttermilk Pancakes 2 Ea Bacon 2 Sl</i>	<i>Scrambled Eggs 1/4 Cup Peach Streusel Coffee Cake 1 Square</i>	<i>Baked Cheese Omelet 1 Ea Breakfast Ham 1 Oz Toast 1 Sl</i>
Lunch:Regular						
<i>Fried Chicken 3 Oz Tuna Salad Sandwich 1 Sandwich Calico Coleslaw 1/2 Cup Marinated Cucumber & Onion Salad 1/2 Cup Ranch Style Potato Wedges 1/2 Cup Garden Pasta Salad 1/2 Cup Cornbread 1 Square Peach Pie w/Crumb Topping 1 Sl</i>	<i>Hawaiian Baked Ham 3 Oz Herbed Chicken Breast 3 Oz Sauteed Spinach w/Garlic 1/2 Cup Capri Vegetable Blend 1/2 Cup Whipped Sweet Potatoes 1/2 Cup Parsley Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Pineapple Tidbits 1/2 Cup</i>	<i>Baked Ziti w/Meatsauce 1 Cup Parsley Pork Chop 3 Oz Tossed Salad w/Dressing 1 Cup Sliced Carrots 1/2 Cup Mashed Potatoes 1/2 Cup Garlic Breadstick 1 Ea Strawberry Shortcake 1 Square</i>	<i>BBQ Pork on a Bun 1 Sandwich Salisbury Steak 3 Oz Zucchini & Onions 1/2 Cup Braised Cabbage 1/2 Cup Tater Tots 1/2 Cup Herbed Rice 1/2 Cup Dinner Roll/Bread 1 Ea Tropical Fruit Salad 1/2 Cup</i>	<i>Chicken Salad Sandwich on Croissant 1 Sandwich Thin Crust Cheese Pizza 1 Pc Marinated Cucumber & Tomato Salad 1/2 Cup Tossed Salad w/Dressing 1 Cup Garden Pasta Salad 1/2 Cup Breadstick 1 Ea Seedless Watermelon Cubes 1/2 Cup</i>	<i>Shrimp Scampi 3 Oz Chicken Tenders 2 Ea Broccoli Florets 1/2 Cup Sliced Carrots 1/2 Cup Spaghetti Noodles 1/2 Cup Mashed Potatoes 1/2 Cup Garlic Bread 1 Ea Chocolate Ice Cream 1 Ea</i>	<i>Chicken Pasta Primavera 6 Oz Hamburger on a Bun 1 Sandwich Caesar Salad 1 Cup Green Pea Salad 1/2 Cup French Fries 1/2 Cup Parmesan Breadstick 1 Ea Blondie 1 Square</i>
Dinner:Regular						
<i>Swedish Meatballs 3 Ea Smothered Turkey Patty 3 Oz Green Peas 1/2 Cup Sliced Carrots 1/2 Cup Buttered Noodles 1/2 Cup Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea Deluxe Fruit Salad 1/2 Cup</i>	<i>Turkey Sandwich 1 Sandwich Grilled Cheese Sandwich 1 Sandwich Broccoli Salad 1/2 Cup Marinated Green Bean Salad 1/2 Cup Creamy Dill Macaroni Salad 1/2 Cup Potato Chips 1 Oz Savory Summer Soup 6 Oz Lemon Cake w/Icing 1 Square</i>	<i>Honey Dijon Chicken Thigh 1 Ea Herb & Lemon Fish Fillet 3 Oz Sauteed Asparagus Cuts 1/2 Cup Country Vegetable Blend 1/2 Cup Rice Pilaf 1/2 Cup Potato Wedges 1/2 Cup Rosemary Dinner Roll 1 Ea Summer Fresh Fruit Cup 1/2 Cup</i>	<i>Breaded Pollock Fish Fillet 3 Oz Sweet & Sour Meatballs 3 Ea Peas & Carrots 1/2 Cup Seasoned Spinach 1/2 Cup Baked Potato 1 Ea Egg Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Tuxedo Cheesecake Bar 1 Bar</i>	<i>Beef Pepper Steak w/Gravy. 2 Oz Rancher's Pork Chop 3 Oz Roasted Green Beans 1/2 Cup Squash Medley 1/2 Cup Garlic Mashed Potatoes 1/2 Cup Yellow Rice 1/2 Cup Dinner Roll/Bread 1 Ea Peanut Butter Cookie 1 Ea</i>	<i>Turkey Burger on a Bun 1 Sandwich Hamburger Steak w/Grilled Onions 3 Oz Confetti Coleslaw 1/2 Cup Seasoned Whole Kernel Corn (veg) 1/2 Cup Potato Wedges 1/2 Cup Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea Fruit Cocktail 1/2 Cup</i>	<i>Kielbasa Sausage 1 Ea Cheese Quiche 1 Sl Seasoned Cabbage 1/2 Cup Capri Vegetable Blend 1/2 Cup Oven Browned Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea Mandarin Oranges 1/2 Cup</i>

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Week-At-A-Glance

hcs1northern2021 Week 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<i>French Toast 2 Sl Bacon 2 Sl</i>	<i>Scrambled Eggs 1/4 Cup Glazed Cinnamon Roll 1 Ea</i>	<i>Biscuit 1 Ea Hashbrown 1/2 Cup</i>	<i>Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz English Muffin 1 Ea</i>	<i>Baked Cheese Omelet 1 Ea Toast 1 Sl</i>	<i>Western Scrambled Eggs 1/4 Cup Toast 1 Sl</i>	<i>Buttermilk Pancakes 2 Ea Sausage Patty 1 Ea</i>
Lunch:Regular						
<i>Roast Beef Au Jus 3 Oz Rotisserie Chicken Thigh 1 Ea Sauteed Spinach 1/2 Cup Seasoned Zucchini 1/2 Cup Garlic & Rosemary Roasted Red Skin Potatoes 1/2 Cup Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea Apple Crisp 1/2 Cup</i>	<i>Chicken Parmesan w/ 3 Oz Breaded Pollock Fish Fillet 3 Oz Tossed Salad w/Dressing 1 Cup Green Peas 1/2 Cup Tater Tots 1/2 Cup Garlic Breadstick 1 Ea Chocolate Chip Cake w/White Frosting 1 Square</i>	<i>Garlic Herbed Pork Loin 3 Oz Rosemary Chicken Breast 3 Oz Broccoli Florets 1/2 Cup Seasoned Spinach 1/2 Cup Oven Brownd Potatoes 1/2 Cup Parmesan Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Peach Shortcake 1 Square</i>	<i>Homestyle Meatloaf w/Ketchup Glaze 4 Oz Garlic Baked Pork Chop 3 Oz Buttered Green Peas 1/2 Cup Sliced Carrots 1/2 Cup Au Gratin Potatoes 1/2 Cup Rice Pilaf 1/2 Cup Poppy Seed Dinner Roll 1 Ea Orange Sherbet 1 Ea</i>	<i>Hot Dog on a Bun 1 Sandwich Hamburger on a Bun 1 Sandwich Confetti Coleslaw 1/2 Cup Broccoli Salad 1/2 Cup French Fries 1/2 Cup Strawberries & Banana 1/2 Cup</i>	<i>Mediterranean Baked Fish Fillet 3 Oz Grilled Cheese Sandwich 1 Sandwich Sauteed Asparagus Cuts 1/2 Cup Squash Medley 1/2 Cup Rice Pilaf 1/2 Cup Tater Tots 1/2 Cup Dinner Roll/Bread 1 Ea Summer Fresh Fruit Cup 1/2 Cup</i>	<i>Sweet Garlic Chicken Breast 3 Oz Glazed Baked Pork Chop 3 Oz Sugar Snap Peas 1/2 Cup Sliced Carrots 1/2 Cup Stir Fried Noodles 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea Sugar Cookie 1 Ea</i>
Dinner:Regular						
<i>Tuna Salad Sandwich on Croissant 1 Sandwich Ham Sandwich 1 Sandwich Calico Coleslaw 1/2 Cup Creamy Cucumber & Onion Salad 1/2 Cup Garden Pasta Salad 1/2 Cup Potato Chips 1 Oz S'more Pudding Parfait 1/2 Cup</i>	<i>Swiss Steak w/Gravy 3 Oz Baked Macaroni & Cheese 1 Cup Seasoned Whole Kernel Corn (veg) 1/2 Cup Baked Tomato Halves 2 Hlf Herbed Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea Seedless Watermelon Cubes 1/2 Cup</i>	<i>Thin Crust Cheese Pizza 1 Pc Smothered Turkey Patty 3 Oz Parmesan Baked Zucchini 1/2 Cup Country Vegetable Blend 1/2 Cup Mashed Potatoes 1/2 Cup Italian Herbed Dinner Roll 1 Ea Chilled Pears 1/2 Cup</i>	<i>Honey Glazed Turkey. 2 Oz Herb Baked Fish Fillet 3 Oz Herbed Green Beans 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Baked Sweet Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Fruit Cocktail 1/2 Cup</i>	<i>Marinated Chicken Thigh 1 Ea Cheese Quiche 1 Sl Honey Roasted Carrots 1/2 Cup Creamy Cucumber & Onion Salad 1/2 Cup Herbed Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Black Forest Cake 1 Square</i>	<i>Baked Ziti w/Cheese 1 Cup Italian Sausage 1 Ea Caesar Salad 1 Cup Sauteed Spinach w/Garlic 1/2 Cup Herbed Potato Wedges 1/2 Cup Garlic Bread 1 Ea Butterscotch Pudding 1/2 Cup</i>	<i>Philly Cheesesteak Sandwich 1 Sandwich Breaded Chicken on a Bun 1 Sandwich Tossed Salad w/Dressing 1 Cup Marinated Cucumber & Tomato Salad 1/2 Cup French Fries 1/2 Cup Macaroni Salad 1/2 Cup Chilled Peach Parfait 1/2 Cup</i>

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Week-At-A-Glance

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<i>Scrambled Eggs 1/4 Cup Blueberry Muffin 1 Ea</i>	<i>French Toast 2 Sl Sausage Patty 1 Ea</i>	<i>Scrambled Eggs w/Cheese 1/4 Cup Biscuit 1 Ea</i>	<i>Buttermilk Pancakes 2 Ea Bacon 2 Sl</i>	<i>Egg & Hashbrown Bake 1 Square Toast 1 Sl</i>	<i>Scrambled Eggs 1/4 Cup Peach Streusel Coffee Cake 1 Square</i>	<i>Baked Cheese Omelet 1 Ea Sausage Patty 1 Ea Toast 1 Sl</i>
Lunch:Regular						
<i>Cheese Ravioli w/Marinara Sauce 1 Cup Thyme Baked Chicken Thigh 1 Ea Caesar Salad 1 Cup Roasted Green Beans 1/2 Cup Buttered Rice 1/2 Cup Garlic Breadstick 1 Ea Vanilla Ice Cream 1 Ea</i>	<i>Roast Turkey 3 Oz Rancher's Pork Chop 3 Oz Sliced Glazed Carrots 1/2 Cup Green Peas 1/2 Cup Mashed Potatoes 1/2 Cup Parsley Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Marble Cake w/White Frosting 1 Square</i>	<i>Honey Glazed Sliced Ham 3 Oz Salisbury Steak 3 Oz Spinach Au Gratin 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Baked Sweet Potatoes 1/2 Cup Parmesan Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Summer Fresh Fruit Cup 1/2 Cup</i>	<i>Egg Salad Sandwich on Croissant 1 Sandwich Turkey Salad Sandwich 1 Sandwich Tomato Basil Salad 2/3 Cup Marinated Cucumber & Onion Salad 1/2 Cup Creamy Dill Macaroni Salad 1/2 Cup Potato Chips 1 Oz Snickerdoodle Cookie 1 Ea</i>	<i>Beef Pepper Steak w/Gravy 3 Oz Lemon Pepper Chicken Breast 3 Oz Buttered Green Peas 1/2 Cup Seasoned Spinach 1/2 Cup Mashed Potatoes 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Chilled Pear Parfait 1/2 Cup</i>	<i>Shrimp Alfredo w/ 3 Oz Parsley Pork Chop 3 Oz Steamed Asparagus Cuts 1/2 Cup Sliced Parsley Carrots 1/2 Cup Roasted Red Skin Potatoes 1/2 Cup Garlic Bread 1 Ea Cherry Crisp 1/2 Cup</i>	<i>Fried Chicken 3 Oz Smothered Turkey Patty 3 Oz Buttered Whole Kernel Corn (veg) 1/2 Cup Broccoli Florets 1/2 Cup Garlic Potato Wedges 1/2 Cup Egg Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Pineapple Tidbits 1/2 Cup</i>
Dinner:Regular						
<i>Kielbasa Sausage 1 Ea Chicken Tenders 2 Ea Braised Cabbage 1/2 Cup Whole Kernel Corn (veg) 1/2 Cup Garlic Roasted Red Skin Potatoes 1/2 Cup Herbed Noodles 1/2 Cup Dinner Roll/Bread 1 Ea Apple Crisp 1/2 Cup</i>	<i>Cheeseburger on a Bun 1 Sandwich Breaded Pollock Fish Fillet on a Bun 1 Sandwich Confetti Coleslaw 1/2 Cup Squash Medley 1/2 Cup Tater Tots 1/2 Cup Buttered Noodles 1/2 Cup Tropical Fruit Salad 1/2 Cup</i>	<i>Cornflake Chicken Breast 3 Oz Thin Crust Cheese Pizza 1 Pc Capri Vegetable Blend 1/2 Cup Tossed Salad w/Dressing 1 Cup Rice Pilaf 1/2 Cup Parsley Dinner Roll 1 Ea Double Chocolate Brownie 1 Square</i>	<i>BBQ Pork Platter 1/2 Cup Marinated Chicken Thigh 1 Ea Zucchini & Onions 1/2 Cup Green Beans 1/2 Cup Baked Beans 1/2 Cup Seasoned Rice 1/2 Cup Cornbread 1 Square Mandarin Oranges 1/2 Cup</i>	<i>Butter Crumb Fish Fillet 3 Oz Cheese Ravioli w/Marinara Sauce 1 Cup Broccoli Florets 1/2 Cup Capri Vegetable Blend 1/2 Cup Cheesy Rice 1/2 Cup Dinner Roll/Bread 1 Ea Lemon Cake w/Icing 1 Square</i>	<i>Grilled Turkey & Cheese Sandwich 1 Sandwich Hamburger Steak w/Grilled Onions 3 Oz Creamy Cucumber & Onion Salad 1/2 Cup Country Vegetable Blend 1/2 Cup French Fries 1/2 Cup Buttered Rice 1/2 Cup Corn Chowder Soup 6 Oz Seedless Watermelon Cubes 1/2 Cup</i>	<i>Meatballs w/Marinara Sauce 3 Ea Cheese Quiche 1 Sl Parmesan Baked Zucchini 1/2 Cup Seasoned Green Beans 1/2 Cup Breadstick 1 Ea Chocolate Cream Pie 1 Sl</i>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs 1/4 Cup Glazed Cinnamon Roll 1 Ea	French Toast 2 Sl Bacon 2 Sl	Biscuit 1 Ea Hashbrown 1/2 Cup	Baked Cheese Omelet 1 Ea Toast 1 Sl	Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz English Muffin 1 Ea	Western Scrambled Eggs 1/4 Cup Toast 1 Sl	Buttermilk Pancakes 2 Ea Sausage Patty 1 Ea
Lunch:Regular						
Rosemary Pork Loin 3 Oz Lemon Pepper Fish Fillet 3 Oz	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Thyme Chicken Breast 3 Oz	Marinated Chicken Thigh 1 Ea Meatballs w/Gravy 3 Ea	Italian Sausage 1 Ea Smothered Turkey Patty 3 Oz	Lasagna w/Meatsauce 1 Square Egg Salad Sandwich 1 Sandwich	Breaded Pollock Fish Fillet 3 Oz BBQ Chicken Thigh 1 Ea	Turkey Divan w/Broccoli 1/2 Cup Cheese Quiche 1 Sl
Sauteed Spinach w/Garlic 1/2 Cup Capri Vegetable Blend 1/2 Cup	Honey Roasted Carrots 1/2 Cup Sauteed Green Beans 1/2 Cup	Squash Medley 1/2 Cup Capri Vegetable Blend 1/2 Cup	Broccoli Florets 1/2 Cup Buttered Whole Kernel Corn (veg) 1/2 Cup	Caesar Salad 1 Cup Creamy Cucumber & Onion Salad 1/2 Cup	Country Vegetable Blend 1/2 Cup Seasoned Spinach 1/2 Cup	Seasoned Green Beans 1/2 Cup Tomato Basil Salad 2/3 Cup
Scalloped Potatoes 1/2 Cup Parsley Rice 1/2 Cup	Duchess Mashed Potatoes 1/2 Cup Herbed Noodles 1/2 Cup	Parmesan Noodles 1/2 Cup Mashed Potatoes 1/2 Cup	Garlic & Rosemary Roasted Red Skin Potatoes 1/2 Cup Buttered Noodles 1/2 Cup	Potato Chips 1 Oz Garlic Breadstick 1 Ea	Au Gratin Potatoes 1/2 Cup Yellow Rice 1/2 Cup	Steamed Rice 1/2 Cup Poppy Seed Dinner Roll 1 Ea
Dinner Roll/Bread 1 Ea Pear Crisp 1/2 Cup	Herbed Dinner Roll 1 Ea Spiced Apple 1/2 Cup	Dinner Roll/Bread 1 Ea Butterscotch Pudding Parfait 1/2 Cup	Parsley Dinner Roll 1 Ea Lemon Bar 1 Bar	Double Chocolate Brownie 1 Square	Dinner Roll/Bread 1 Ea Sour Cream Orange Cake 1 Square	Seedless Watermelon Cubes 1/2 Cup
Dinner:Regular						
Chicken Tenders 2 Ea Hamburger Steak w/Grilled Onions 3 Oz	Citrus Glazed Turkey. 2 Oz BBQ Pork Chop 3 Oz	Ham & Swiss Sandwich on Wheat 1 Sandwich Tuna Salad Sandwich 1 Sandwich	Cornflake Crusted Fish Fillet 3 Oz Thin Crust Cheese Pizza 1 Pc	Rancher's Chicken Breast 3 Oz Garlic Baked Pork Chop 3 Oz	Hot Dog on a Bun 1 Sandwich Baked Macaroni & Cheese 1 Cup	Cheeseburger on a Bun 1 Sandwich Breaded Chicken on a Bun 1 Sandwich
Tossed Salad w/Dressing 1 Cup Whole Kernel Corn (veg) 1/2 Cup	Steamed Broccoli Florets w/Lemon 1/2 Cup Country Vegetable Blend 1/2 Cup	Green Pea Salad 1/2 Cup Marinated Tomato & Onion Salad 1/2 Cup	Baked Tomato Halves 2 Hif Roasted Zucchini 1/2 Cup	Sugar Snap Peas 1/2 Cup Capri Vegetable Blend 1/2 Cup	Confetti Coleslaw 1/2 Cup Tossed Salad w/Dressing 1 Cup	Marinated Cucumber & Tomato Salad 1/2 Cup Sauteed Zucchini 1/2 Cup
French Fries 1/2 Cup Buttered Noodles 1/2 Cup	Rice Pilaf 1/2 Cup Baked Sweet Potatoes 1/2 Cup	Potato Chips 1 Oz Macaroni Salad 1/2 Cup	Macaroni & Cheese 1/2 Cup Dinner Roll/Bread 1 Ea	Baked Potato 1 Ea Egg Noodles 1/2 Cup	Chilled Pears 1/2 Cup	Tater Tots 1/2 Cup Garden Pasta Salad 1/2 Cup
Dinner Roll/Bread 1 Ea Vanilla Ice Cream 1 Ea	Dinner Roll/Bread 1 Ea Cherry Cheesecake Bar 1 Bar	Summer Fresh Fruit Cup 1/2 Cup	Dinner Roll/Bread 1 Ea Chilled Peach Parfait 1/2 Cup	Dinner Roll/Bread 1 Ea Tropical Fruit Salad 1/2 Cup		Chocolate Chip Cookie 1 Ea